

# High Blood Cholesterol (Adults Males Age 35+, Females Age 45+)

## High Blood Cholesterol (Adults Males Age 35+, Females Age 45+)

•Most recent data (2013): 40% or about 367,800 King County adults [about 211,300 men (41%) and about 156,700 women (40%)].

•Trend over time: 2001-13: flat

•Description: Ever been told by a doctor, nurse, or other health professional to have high blood cholesterol (men age 35+ and women age 45+ who have been checked for blood cholesterol)

High blood cholesterol (adults males age 35+, females age 45+), King County, 2009-2013 average

	Percent	Lower CI	Upper CI
<b>King County</b> (adults males age 35+, females age 45+)	43	42	45
<b>AGE</b>			
45-54	35	32	38
55-64	48	45	51
<b>GENDER</b>			
Male	45	42	47
Female	42	40	45
<b>RACE/ETHNICITY</b>			
AIAN	*	*	*
Asian	41	35	48
Black	39	31	49
Hispanic	46	35	58
Multiple	41	27	56
NHPI	*	*	*
White	44	42	46
<b>HOUSEHOLD INCOME</b>			
<\$15,000	53	43	63
\$15,000 to \$24,999	57	50	64
\$25,000 to \$34,999	48	41	55
\$35,000 to \$49,999	44	39	50
\$50,000 to \$74,999	48	44	53
\$75,000+	38	35	40
<b>REGION</b>			
East	42	39	45
North	47	40	54
Seattle	41	37	44
South	47	44	50

### Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

### Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 01/2015.

CI is 95% Confidence Interval.

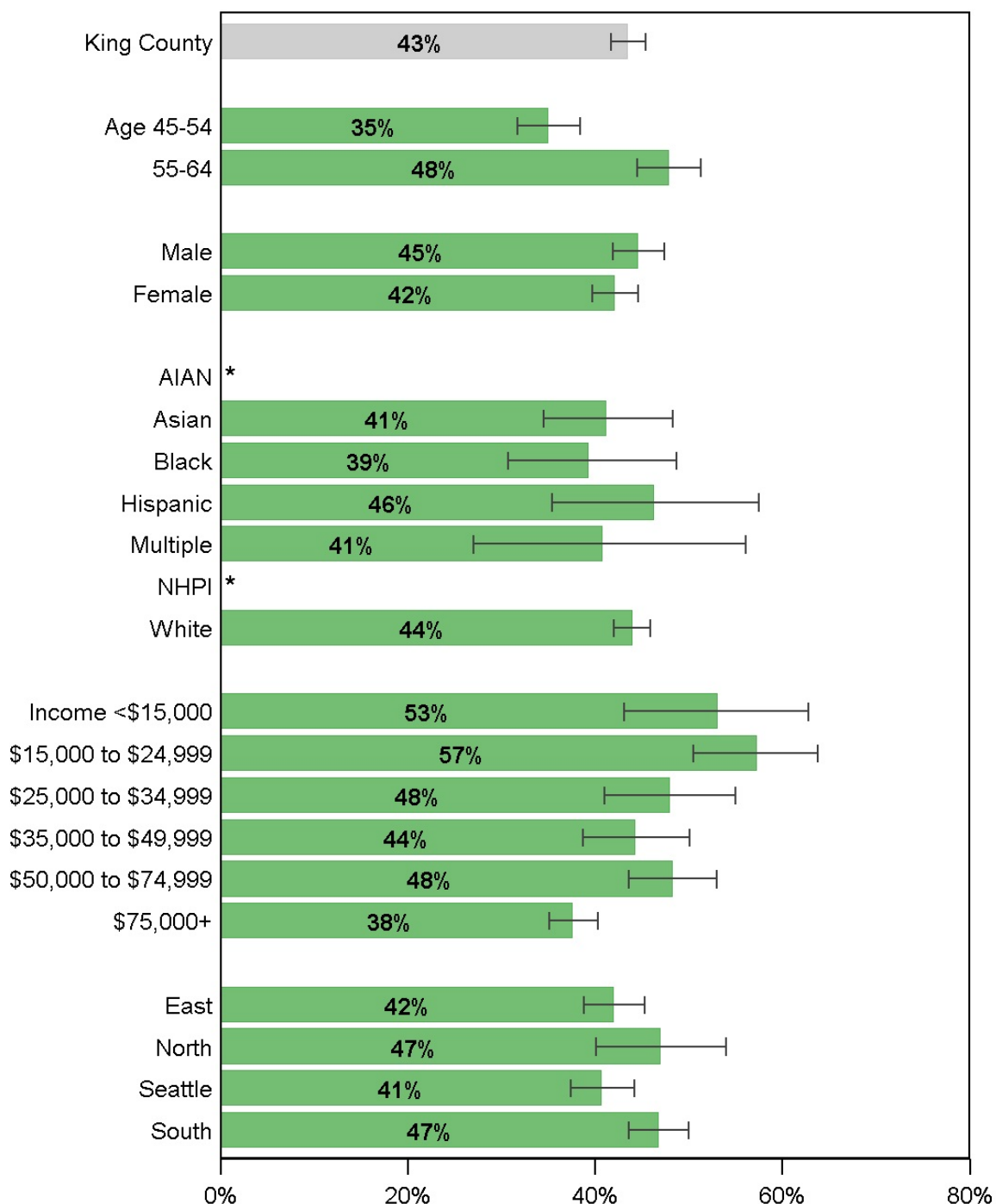
\* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

## High blood cholesterol (adults males age 35+, females age 45+)

### King County, 2009-2013 average



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[-----] Confidence interval shows range that includes true value 95% of the time.

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## High blood cholesterol (adults males age 35+, females age 45+) by comparison areas

The Healthy People 2020 Objective for high blood cholesterol (adults males age 35+, females age 45+) is 14%.

	Latest Available Year	Percent	Lower CI	Upper CI
United States	2011	38	N/A	N/A
WA State	2011	40	38	41
<b>King County</b>	2013	40	38	43

**Notes:**

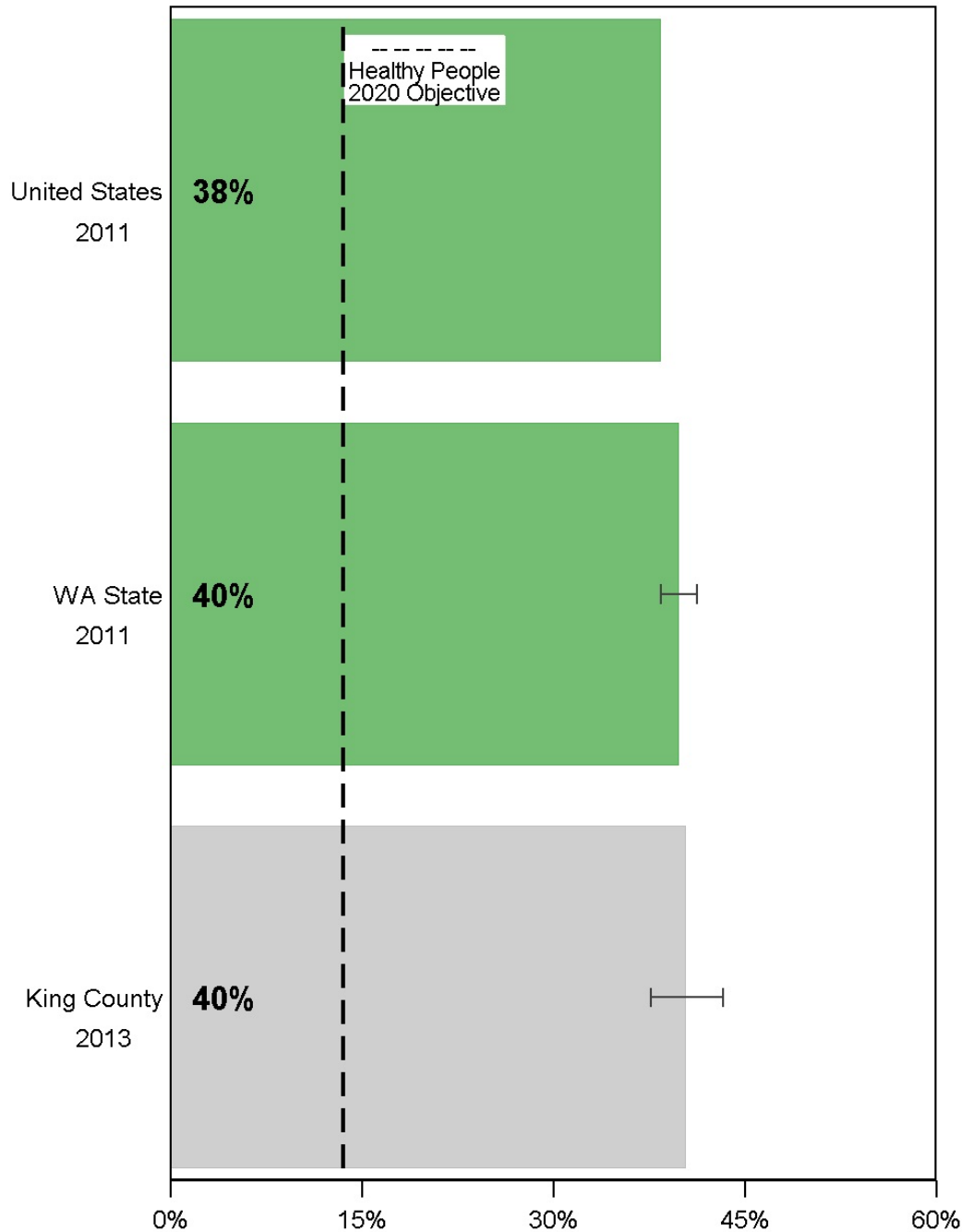
Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 01/2015.

N/A: Not available.

CI is 95% Confidence Interval.

**High blood cholesterol (adults males age 35+, females age 45+)  
by comparison areas**



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|-----| Confidence interval shows range that includes true value 95% of the time.

# High blood cholesterol (adults males age 35+, females age 45+) by health reporting areas, King County, 2009-2013 average

	Percent	Lower CI	Upper CI
<b>King County</b> (adults males age 35+, females age 45+)	43	42	45
Auburn	46	36	56
..Auburn-North	48	36	60
..Auburn-South	44	28	62
Bear Creek/Carnation/Duvall	42	34	49
Bellevue	41	35	48
..Bellevue-Central	36	24	50
..Bellevue-NE	50	39	61
..Bellevue-South	45	32	58
..Bellevue-West	31	20	45
Black Diamond/Enumclaw/SE County	47	37	58
Bothell/Woodinville	50	36	65
Burien	46	35	57
Covington/Maple Valley	50	38	62
Des Moines/Normandy Park	48	36	59
East Federal Way	53	37	68
Fairwood	46	30	62
Federal Way	58	47	68
..Fed Way-Central/Military Rd	68	55	79
..Fed Way-Dash Point/Woodmont	37	26	50
Issaquah	39	24	57
Kenmore/LFP	47	35	60
Kent	42	35	51
..Kent-East	41	28	56
..Kent-SE	41	30	52
..Kent-West	48	31	65
Kirkland	45	37	52
..Kirkland	46	36	57
..Kirkland North	42	31	53
Mercer Isle/Pt Cities	36	28	45
Newcastle/Four Creeks	40	30	51
North Highline	*	*	*
Redmond	38	27	51
Renton	46	38	53
..Renton-East	44	32	57
..Renton-North	50	35	65
..Renton-South	44	33	56
Sammamish	42	34	51
SeaTac/Tukwila	42	30	55
Seattle	40	37	44
..Ballard	46	36	56
..Beacon/Gtown/S.Park	64	48	78
..Capitol Hill/E.lake	37	25	51
..Central Seattle	29	19	42
..Delridge	23	15	34
..Downtown	53	36	70
..Fremont/Greenlake	34	24	45
..NE Seattle	41	33	50
..North Seattle	44	34	55
..NW Seattle	41	31	52
..QA/Magnolia	42	30	54
..SE Seattle	48	35	62
..West Seattle	31	23	39
Shoreline	46	37	56
Snoqualmie/North Bend/Skykomish	54	44	64
Vashon Island	53	40	66

## Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

## Notes:

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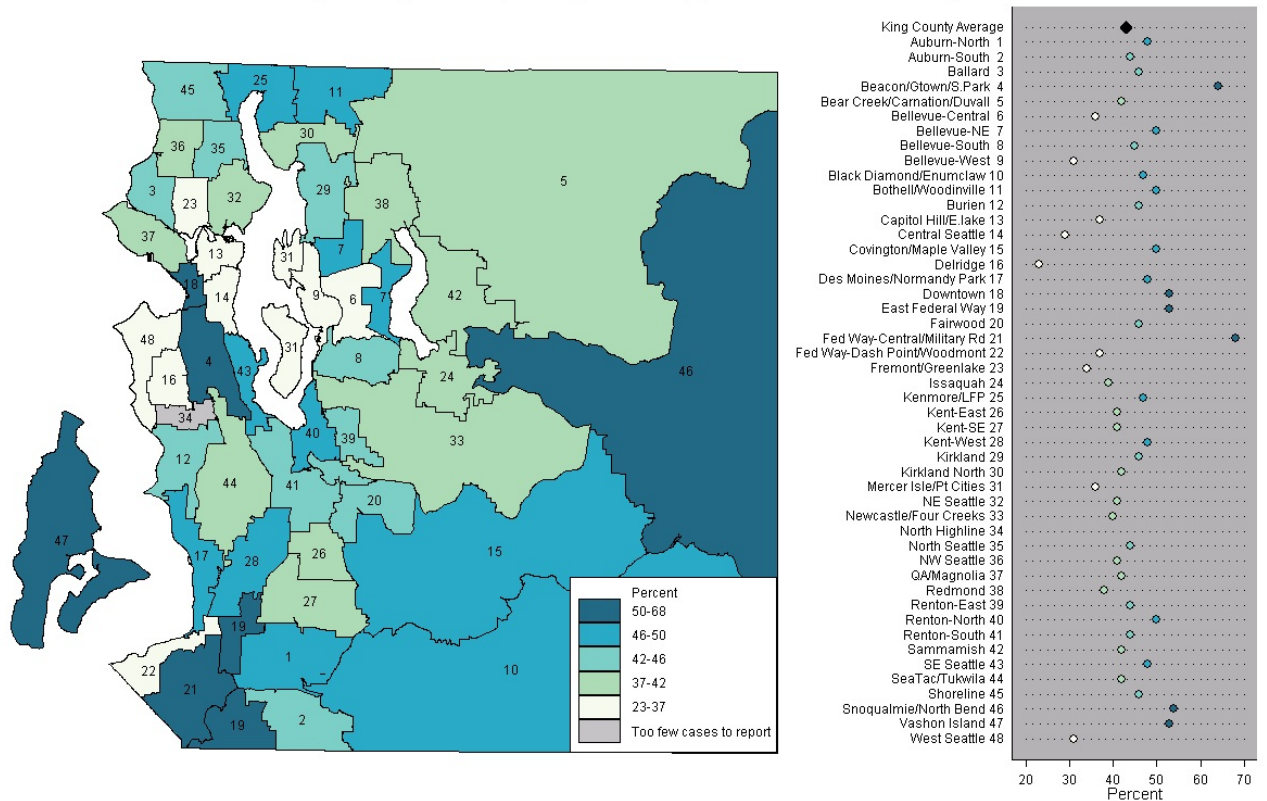
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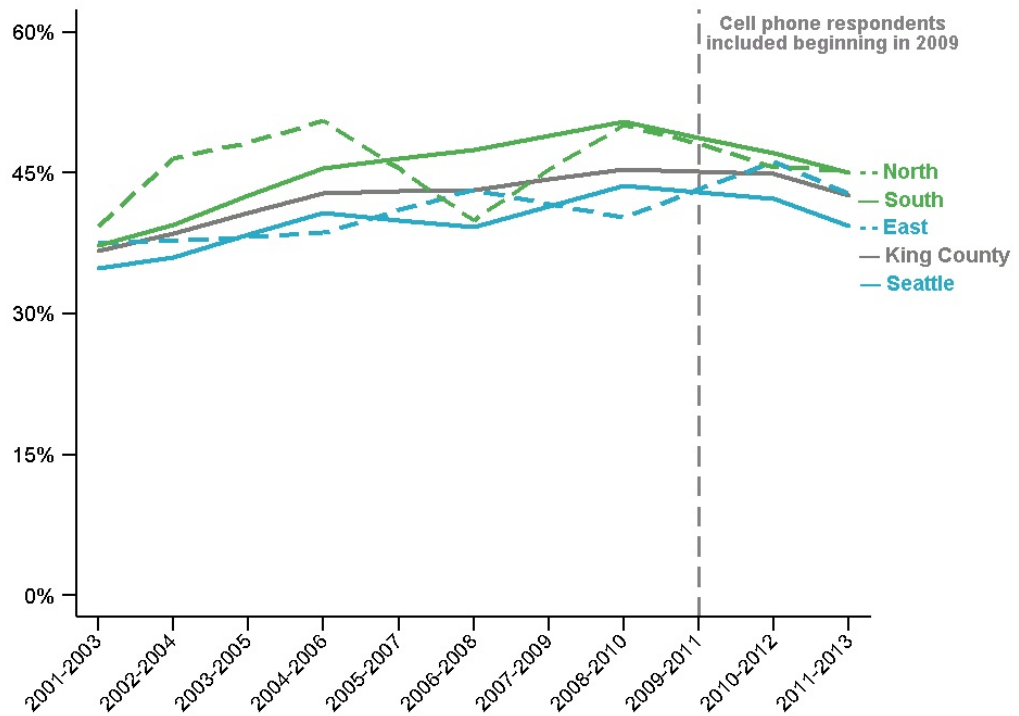
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## High blood cholesterol (adults males age 35+, females age 45+) by health reporting areas, King County, 2009-2013 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order.  
Source: Behavioral Risk Factor Surveillance System.  
Prepared by Public Health - Seattle & King County, APDE, 01/2015.

# High blood cholesterol (adults males age 35+, females age 45+) King County, 2001-2013, three-year rolling averages



Source: Behavioral Risk Factor Surveillance System.  
Prepared by Public Health - Seattle & King County, APDE, 01/2015.

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King County  
Hospitals  
for a Healthier  
Community